

**2025 Heavy Games
Blaisdell
Honolulu, Hawaii
June 28, 2025**

Name: _____ Phone #: _____

Address: _____

Email: _____ Birth Date: _____ Age: _____ Gender: M F

Instagram: _____ Facebook: _____

Shirt Size: Sm Med Lg XL XXL 3XL 4XL

Men: LW (up to 220) / HW (221 and above)

Women: (no weight requirement)

(Weigh ins will be held on the day of, 1 hour prior to the event.)

Entry Deadline: June 13, 2025 (to receive a shirt)

Entry Fees: **\$25**

(entries will be accepted up until and on the day of, 1 hour prior to the event)

Limit 20 entries

Please e-mail entry forms to: deezo99@gmail.com (Re: 2025 HI Fit Expo Heavy Games Entry)

Entry fees by PayPal www.paypal.me/eastsidelifthaus or Venmo @eastsidelifthaus

Release of Liability

I, the undersigned, hereby waive all responsibilities and hold harmless from any occurrence, the Hi-Fit Expo, David Anderson and all sponsors and/or any official employees or volunteers acting with the permission of Hi-Fit Expo, David Anderson, sponsors and promoters. I agree to indemnify and defend Hi-Fit Expo, David Anderson, sponsors and promoters from any and all liabilities arising from bodily injury and property damage which may be sustained by participating in the above event. I also attest that I have sufficiently trained and am in good condition for this event, and acknowledge that this contest can be detrimental to my health and/or fatal. If I am a minor, my participation must be approved, and this form must be signed by a parent or legal Guardian. If there are any pictures or video taken at this event, I hereby waive all rights to such pictures or video to Hi-Fit Expo, David Anderson, media and or all sponsors.

Signature of participant: _____ Date: _____

COMPETITOR INFORMATION

Name: _____ Age: _____ Weight Class: _____

Town/State Born: _____ Living Now: _____

Gym affiliation(s): _____

How many strongman contest have you entered? _____

Strongman Events entered, where and what did you place? _____

Other strength sport accomplishments: _____

I would like to thank: _____

For more information please e-mail: deezo99@gmail.com (Re: 2025 HI Fit Expo Heavy Games Info)

DM us on Instagram @lifthaus808 or call/text Dave Anderson (808) 253-9855.

Follow us on Instagram @lifthaus808
